

RISK CONTROL **SAFETY POSTERS**



All posters are FREE for members and available in sizes 8.5"x11" and 11"x17" formats to download.

AVOID SLIPS, TRIPS, & FALLS

AVOID INJURY! FOLLOW THESE SIMPLE GUIDELINES:

- Walk, do not run
- Clean up spills immediately
- Keep line of vision clear

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BLOODBORNE PATHOGENS

PROTECT YOURSELF FROM THE UNKNOWN! TAKE THESE PRECAUTIONS:

✓ ALWAYS

- TREAT blood and body fluids as if they were infected
- PROTECT yourself with basic gloves and masks
- BANDAGE cuts, scrapes, and broken skin
- WASH hands and exposed area with soap and water immediately after exposure
- DISCARD sharp objects in the appropriate container
- REPORT exposure incidents

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COVER YOUR COUGH

HELP PREVENT THE SPREAD OF GERMS

✗ DO NOT cough or sneeze in hands

Wash hands with soap and warm water or clean with alcohol-based hand sanitizer.

✓ ALWAYS wash hands after coughing or sneezing

Cover mouth and nose with a tissue or cough/lineneze into upper sleeve.

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EFFECTIVE HANDWASHING

HELP PREVENT THE SPREAD OF GERMS

- 1 Turn on water to a comfortable temperature and wet hands and wrists
- 2 Apply soap and rub hands for **at least 20 seconds**. Clean between fingers, nail beds, under fingernails, and backs of hands
- 3 Rinse under running water, keeping hands low in sink to prevent splashing
- 4 Dry hands completely with clean paper towel
- 5 Use paper towel to turn off faucet so your hands remain clean

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FALL PREVENTION

✓ ALWAYS

- Use a ladder for out-of-reach items

✗ NEVER

- Use a step ladder as a step stool
- Use a step ladder as a portable work platform
- Use a step ladder as a ladder

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FLOOR MAINTENANCE

CLEANING THE FLOOR

- Mop **WET** FLOOR wearing slip-resistant shoes
- Use recommended cleaning products at suggested strengths
- Use anti-slip products that decrease the chance of slipping or falling
- Use a squeegee to remove excess water
- Remove the **WET FLOOR** sign as soon as the area is dry

MAINTENANCE

- Remove or repair trip hazards such as loose tiles, raised sections of flooring or wire runs
- Use non-slip mats
- Make sure that the floor mats or electrical cords do not create a trip hazard
- Pick up things that fall on the floor

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FOOTWEAR SAFETY 101

✓ ALWAYS

- Wear safety shoes designed to protect feet
- Wear steel toed shoes when crush or shear hazards exist
- Wear protective insoles when there is a puncture exposure
- Wear shoes with slip resistant soles or shoe attachments, such as Yak Trax, in inclement weather conditions

✗ NEVER

- Wear open heel or open toe shoes
- Wear shoes with worn down heels or soles

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LIFTING BASICS

AVOID INJURY! LIFTING GUIDELINES:

- 1 Assess the load
- 2 Determine necessary assistance
- 3 Check balance - place feet shoulder-width apart
- 4 Bend at the knees, not the waist
- 5 Firmly grip the object
- 6 Hug the object close to your body, keep your back straight, and lift with your legs
- 7 Pivot versus twist. If you must turn, pivot your feet in the direction you need to turn

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MAINTAIN 3-POINTS OF CONTACT

WHEN ENTERING/EXITING A VEHICLE OR ON A LADDER ALWAYS REMEMBER:

- Two Hands & One Foot
- Two Feet & One Hand
- Use Handrails
- Don't Jump, Slide, or Swing

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PREVENT THE SPREAD OF GERMS

COVER UP & CLEAN AFTER!

- **DO NOT** cough or sneeze in hands
- **COVER** mouth and nose with a tissue or cough/lineneze into upper sleeve
- **ALWAYS** wash hands after coughing or sneezing
- **WASH HANDS** with soap and warm water or clean with alcohol-based hand cleanser

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SHOP SAFETY

✓ ALWAYS

- COMPLETE TRAINING before using machinery
- USE PERSONAL PROTECTION EQUIPMENT including gloves to best protection
- USE ALL GUARDS AND SHIELDS and secure them correctly and in operating sequence
- REPORT PROBLEMS or concerns to the shop teacher or supervisor immediately

✗ NEVER

- WORK ALONE
- WORK WITHOUT APPROVAL and presence of the teacher/supervisor
- TALK TO OR TOUCH THE MACHINE OPERATOR when they are using machinery

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WORKPLACE HOUSEKEEPING

AVOID INJURY! FOLLOW THESE PRACTICES:

- 1 Keep aisles, stairs, and hallways clear
- 2 Keep floor clean
- 3 Store flammable and combustible materials according to the product label
- 4 Safely store or dispose of greasy and oily towels
- 5 Identify areas that pose a safety hazard
- 6 Report all safety hazards

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