Effective HANDWASHING

1. Turn on water to a comfortable temperature and wet hands and wrists.
2. Apply soap and rub hands for at least 20 seconds. Clean between fingers, nail beds, under fingernails and backs of hands.
3. Rinse under running water, keeping hands low in sink to prevent splashing.
4. Dry hands completely with clean paper towel.
5. Use paper towel to turn off faucet so your hands remain clean.

This document provides information of a general nature. It is not intended to be fully comprehensive, nor to provide legal advice or opinions relative to specific facts, matters, situations or issues. A member school district is encouraged to seek legal advice for their specific purposes.